

# SUN PEAKS SCHOOL

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November 16, 2022

Dear Parents of Grade 8/9 students,

I am looking forward to our ski season. It is such an amazing opportunity for our students and something we value so much as a community. It is also important as it is a key component of our Health and Physical Education Program. Through skiing we are able to meet many of the big ideas of the Physical and Health Education Curriculum including developing fundamental movement skills to build our physical literacy and personal health and fitness goals as well as encouraging lifelong participation in physical activity. Since the season begins on November 19th, I wanted to send out a reminder regarding the ski expectations here at school, and to wish you all a great opening day. I apologize for the length of this email, but please read carefully as there is a lot of important information regarding the ski season in it.

Please note, that this letter is intended for the Grade 8/9 class as the expectations for this middle school age group is different than for the younger grades.

1. Expectations for on-hill behaviour
  - a. It is vitally important that students demonstrate positive, safe and respectful behaviour while out on the ski hill
  - b. The students are members of the school community, and their behaviour directly affects how we are portrayed by the larger community
  - c. As Ambassadors to our school during school time students must follow our Code of Conduct, including respecting themselves and others by conducting themselves in a polite respectful manner and using respectful language
  - d. Students are expected to follow the Alpine Responsibility Code at all times
  - e. Students are not allowed to ski in either the terrain park, or trees during school time
  - f. Students will not be required to wear vests, however, we expect that they will be ambassadors for our school and community
  - g. Students must ski in groups of 3 to 6 as determined by the teacher
2. Skiing will be a key component of the Health and Physical Education mark this term. It is also a wonderful opportunity that we have as a school. We respectfully ask that you do not give permission for your child to miss ski days to either avoid skiing or to ski by themselves. We are extremely lucky to have this opportunity, and do not want to lose it by students being given permission to not take part.
3. Although volunteers will not be necessary as we are able to have a 12-1 ratio with older students, parental help is still encouraged. Please let us know if you are able to volunteer
4. Students will be skiing Monday, Tuesday, and Wednesday, mornings for one block, which we feel will have several advantages for our older students

- a. It will encourage our students to arrive on time
  - b. Students are generally alert and ready to go
  - c. Conditions are often better
  - d. Shorten the morning for the students
5. Students are permitted off grounds, and generally have lunchtime for themselves. As such, students will be permitted to ski at lunchtime. However, it is expected that they will be able to follow Alpine Responsibility Code, and be safe, kind and respectful while out on the mountain, as well as our student code of conduct. If there are concerns, skiing may be restricted for the student.

We look forward to a great ski season.

Sincerely,

Jennifer Boyle and Keith Massey